

May
focus

D6 EXTRA!

family, discipleship, encouragement



OH, HOW I LOVE GOD'S LAW

Fill your mind with God's Word.

We know the benefits of God's Word—it keeps us from sin (Psalm 119:11), gives us peace (Psalm 119:165), provides wisdom and understanding (Psalm 119:98-99), and dispenses hope (Psalm 119:114) and delight (Psalm 119:143). We know we need more of it to school our thoughts and direct our paths. How do we get more of God's Word into our hearts and into the hearts of those we love?

Of course, the simple answer is to read it. We own copies, even multiple copies, of the Scripture in our own language. How very rich we are! The habitual discipline of reading the Bible will benefit anyone. Build it into your routines and into the daily activities of your family. Welcome it to the breakfast table or supper table or bedtime routine. Don't let the television or the snooze button crowd it out. You can take it up another step with these tips: 

- If you learn best by listening (auditory learner), find a recording of Scripture and repeatedly play it. When someone else (maybe even with a British accent) pronounces those hard words and gets the sentence syntax correct, you may be able to grasp more of the message. Some people routinely listen during their daily run or commute. Investigate Scripture songs (or write your own) and sing along.
- If you learn best by doing (kinetic learner), incorporate it into your hobbies and crafts. Paint it or stitch it or weld it or jigsaw it. Journal it, color it, or carve it. Find concrete ways to expose yourself to God's Word. Your time invested is meditation tailored to your learning style.
- If you learn best by seeing things (visual learner), make sure you include God's Word in the art in your home (thank you, Hobby Lobby) or on sticky notes at your desk or sun visor.

Let's learn to love God's Word together!