

# PRAYER BURGER

**Did you know, that saying a prayer is very much like building a burger?**

You can fill it with anything that you're thinking or feeling at the moment. Here are just some of the things you may want to include in your prayer burger.

## OPENING

Dear Heavenly Father  
or Hey Jesus...



## CLOSING

In Jesus' name. Amen.  
or Talk to You later.

## REPENTANCE

Confess your sins and mess-ups, and receive God's forgiveness.



## THOUGHTS

Tell God what's on your mind—your plans, dreams, questions, wonderings.



## CONCERNS

Tell your Father what you or other people need.



## TEARS

In those moments when your heart is hurting and you have nothing to say, let your tears do the praying.



## FEELINGS

Tell God what you're feeling. Pour out your worries, joys, fears, frustrations, and so on.



## SILENCE

There's no need for you to do all the talking. It's a good idea to spend a few moments quietly waiting for God to speak to you.



## PRAISE

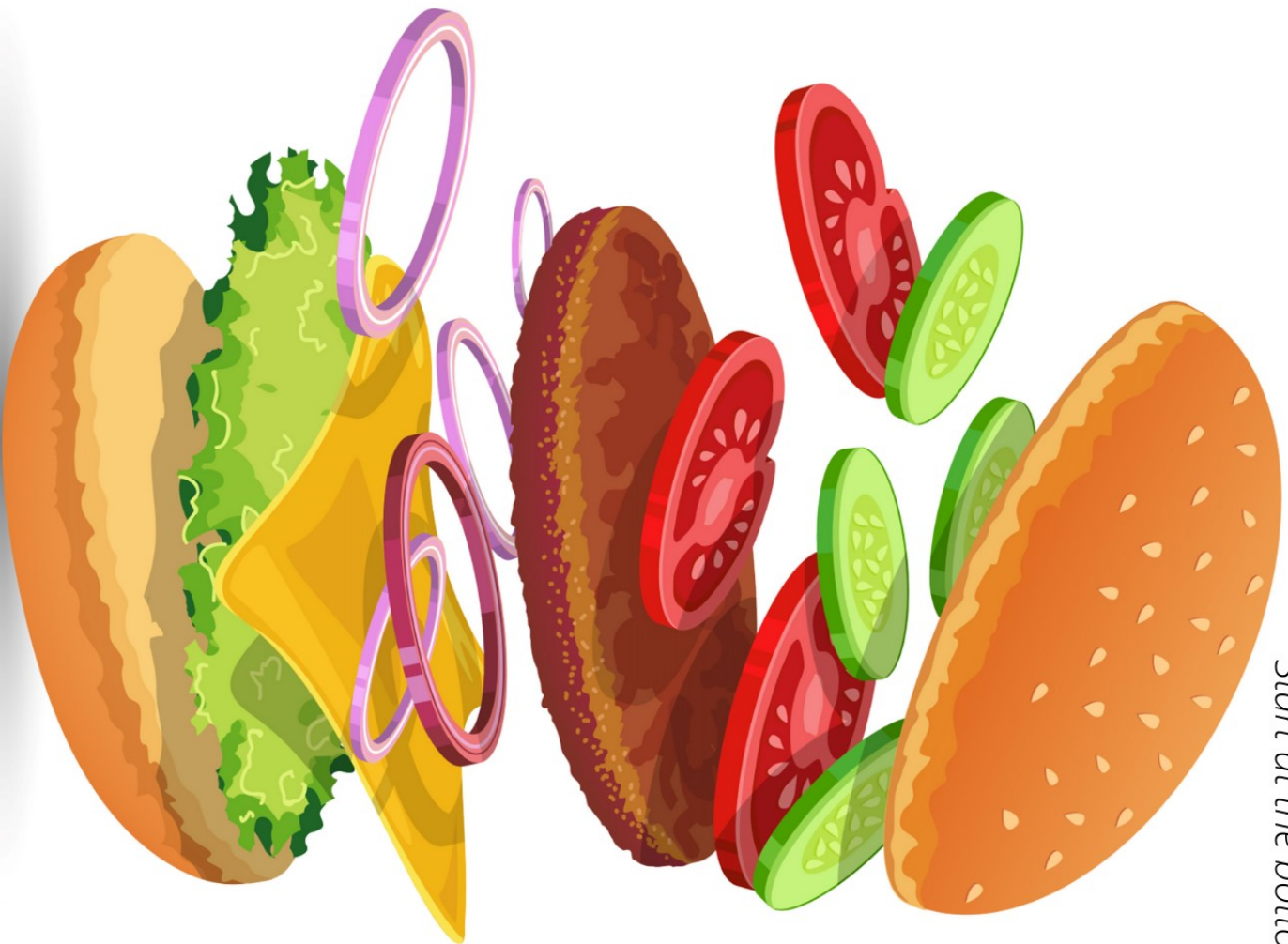
Tell God what He is like and what you love about Him. For example:

- You're merciful and kind.
- You're great and mighty.
- You're always with me.



# MAKE A PRAYER BURGER

*Start at the bottom and work your way up*



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