

Can I Trust...?

Community Group Leaders Guide

Proverbs 3:5-12 /// Week of October 29

Today's big idea: Can we trust ourselves?

Have fun with this ice breaker!

- In your life, how often would you say that you are right? Share that percentage with the group.
- Review the Community Group Guidelines together.
- What did you hear in the sermon that caught your attention?
- Someone pray that God would help us hear from him.

Head

Technically this isn't a story but the technique can still be used.

- Use the Bible Storytelling technique to tell the story of Trusting the Lord.
- Retell the story together as a group.
- Read the story from Proverbs 3:5-12 in the Bible.
- What happens to those who trust themselves in these verses?
- What happens to those who trust God?
- In what areas of life do these verses specifically speak about?

Heart

These questions may be difficult for some people to put words to. If group members are quiet on the first question it might help to move on to the second question and then come back to the first. Model transparency and vulnerability!

- Why is it so tempting to trust yourself instead of trusting God?
- In what areas of your life is it easier to trust God, in what areas is it harder to trust God, and why?

Hands

Keep track of the steps that group members are sharing and be sure to follow up with them to see how those steps are coming along.

- What are intentional steps that we can take to trust ourselves less and trust the Lord more?
- What are some things we can do to help others who may be struggling to trust the Lord with all their heart?
- Pray for one another and the power to overcome temptation.

Next Week:

The sermon series starting next week will explore who Jesus really is (not just the myths we believe about him). The first week will explore Jesus as God and man.

The Mythical Life of Jesus, John 1:1-14