

# Can I Trust...?

## Community Group

**Proverbs 3:5-12 /// Week of October 29**

### **Today's big idea: Can we trust ourselves?**

- In your life, how often would you say that you are right? Share that percentage with the group.
- Review the Community Group Guidelines together.
- What did you hear in the sermon that caught your attention?
- Someone pray that God would help us hear from him.

### **Head**

- Use the Bible Storytelling technique to tell the story of Trusting the Lord.
- Retell the story together as a group.
- Read the story from Proverbs 3:5-12 in the Bible.
- What happens to those who trust themselves in these verses?
- What happens to those who trust God?
- In what areas of life do these verses specifically speak about?

### **Heart**

- Why is it so tempting to trust yourself instead of trusting God?
- In what areas of your life is it easier to trust God, in what areas is it harder? and why?

### **Hands**

- What are intentional steps that we can take to trust ourselves less and trust the Lord more?
- What are some things we can do to help others who may be struggling to trust the Lord with all their heart?
- Pray for one another and the power to overcome temptation.

### **Next Week:**

The Mythical Life of Jesus, John 1:1-14