

Why is it so hard?

Community Group

Ruth 1:1-18 /// Week of April 7

Today's big idea: Relationships are important.

- In honor of Naomi play a game of “Naomi Says” (aka: Simon Says).
- Review the Community Group Guidelines together.
- What did you hear in the sermon that caught your attention?
- Someone pray that God would help us hear from him.

Head

- Use Bible Storytelling to tell the story of Ruth and Naomi.
- Retell the story together as a group.
- Read the story from Ruth 1:1-18 in the Bible.
- What were the risks that were apparent for Elimelek, Naomi, Orpah and Ruth?
- What all did Ruth sign up for when she decided to go with Naomi?

Heart

- How has it felt risky for you to have a transparent and vulnerable relationship with someone else?
- What is the advantage of being in deep relationship with someone when you have the option not to be?

Hands

- Like Ruth in verse 16, how have you fought for the relationship with someone who was pushing you away?
- What practical step can you take to push through risk and embrace the advantages of being in genuine relationship with others?
- How can you use what was discussed today to begin a new relationship—specifically a discipling relationship—with someone?

Next Week:

Why is it so hard to work through shame? Luke 7:36-50